## **The One Thing That Changes Everything – The Happiness Advantage** – Dr. Charles Mitchel

This session will challenge our assumptions, understanding and old thinking on how we maximize our leadership effectiveness. It goes beyond what we know and can do, it goes beyond just working hard. These are important but NOT sufficient. WHO WE ARE is equal or more important as teaching and leading in International schools becomes increasingly more difficult and draining.



**Dr. Charles Mitchel** began his career in education over 40 years ago, serving as principal, superintendent, and Assistant Commissioner of Education in the state of New Jersey. During his tenure in Newark, Dr. Mitchel received local, state, and national recognition for his outstanding leadership as principal of the Franklin School.

Internationally, Dr. Mitchel has trained teachers and leaders throughout South America, Macedonia,

Albania, and the Ukraine. He has brought his teachings on the spirituality of leadership and effective schools to India, Iceland, and Western Europe.

While at Seton Hall, Dr. Mitchel has served as the Chair of the Department of Education, Leadership, Management and Policy and Associate Dean for Urban and International Initiatives. He established the Center for Urban Leadership, Renewal and Research to serve and develop leadership capacity in New Jersey's urban schools within the context of ethical principles and spirituality. Dr. Mitchel teaches graduate courses on organizational behavior, on leadership, management and assessment, and on the spirituality of leadership. He is also the founder and executive director of the Academy for Urban School Transformation, providing on-the-job instructional and leadership coaching for teachers and administrators in low-performing schools, and the Institute for International Schools, providing professional development for educators in American schools abroad.